



## **Honey Whipped Greek Yogurt 15**

mixed berries, crushed almonds, chia & flax seed, cinnamon, homemade coconut granola

### **Overnight Oats 14**

steel cut rolled oats, chia & flax seed dust, mixed nuts, berry syrup

### Belgian Waffle 17

pearl sugar waffles, berries, sugar dust, almond brittle vermont maple syrup

### **Stuffed French Toast 18**

texas toast, vanilla pastry cream, banana, caramel sauce

## Farmer's Omelet\* 19

scrambled eggs, baby spinach, wilted grape tomatoes roasted wild mushrooms, cheddar cheese

### The Sweet Grass\* 23

scrambled eggs, melted jack cheese, sausage patty buttermilk biscuit, IOP home fries

## Open Face Smoked Salmon Sammy 20

hickory smoked salmon, cucumber, sprouts, pickled red onion cream cheese, crushed avocado, toasted sourdough \*tofu substitute available upon request

## **Avocado Toast 15**

sourdough, cherry tomatoes, chia & flax seed dust add side of two eggs any style - 7

# À LA CARTE

IOP home fries 6 sourdough toast 4 farm fresh sausage patty 7 pecan-wood smoked bacon 7 buttermilk biscuit & honey 6 two eggs 7 griddled tofu 4 crushed avocado 4 fresh fruit 7

#### BEVERAGES

alcohol sales begin after 10:00 am

### Mimosa \$12

classic with orange juice bellini with peach poinsettia with cranberry

## Michelada \$12

draft lager in tajin rimmed pint glass bloody mary mix, hot sauce, lime juice

### Sangria Spritz \$14

red or white wine, cocchi americano lemon juice, sparkling water

## Coffee or tea \$5

# Juice \$5

apple, orange, grapefruit, tomato cranberry, pineapple